



# TARA, TAKBO NA!

AREA	DATE	CONTACT PERSON
Dagupan City	17-Jul	Ms. Tes Bernardino (0922) 879-8438 / (0922) 557-9488 (0917) 565-5214
Tarlac City	24-Jul	Dir. Vlad Rodriguez (0915) 936-2000 / (0947) 669-5474
Metro Manila	31-Jul	Mr. Rio dela Cruz (02) 703-1736 / (0908) 737-6927
Batangas	7-Aug	Ms. Glecly Clet (0939) 873 5868
Lucena	14-Aug	Mr. Osmund Ng (0915) 716-8310
Naga	28-Aug	Mr. Francis Barja (054) 4735988 / (0919) 390-9199
Tagbilaran	18-Sep	Mr. Dionesio Balite (0943) 266-1639
Cebu	25-Sep	Mr. Ricky Ballesteros (0920) 908-9742
Dumaguete	2-Oct	Mr. Paultom Paras (035) 2257817 / (0927) 950-8931
Davao	9-Oct	Mr. Kenneth Sai 296 1300 / (0921) 594-9303
Gen. Santos	16-Oct	Mr. Christian Gonzales (0917) 9021773 / (0923) 7247739
Cagayan De Oro	23-Oct	Mr. Francis Velasquez (0917) 706-0248
Butuan	30-Oct	Mr. Benjamin Dacera (0917) 632-7784 / (0917) 307-8280
Iloilo	4-Dec	Mr. Rommel "Jojo" Castro (033) 333-1111 local 503 / (0917) 720-0630

Organized by: 

In partnership with: 

Accredited by: 

**Bonus Prizes for Local Runners:**

P100,000 bonus for the first runner who breaks the 2:15:00 invisible time barrier

P50,000 bonus for the first runner who breaks the 2:18:53 men's course record of Eduardo Buenavista

P50,000 bonus for the first female runner who breaks the 2:48:00 women's course record of Mary Joy Tabal

Finishers in all categories within the cut-off time will receive a certificate of finish.

Winners must be physically present to receive their awards during the awarding ceremony. Uncollected prizes will be donated to the "HELP GIVE SHOES ADVOCACY" or disposed at the discretion of the race organizer.

Results will be uploaded two (2) days after each race. Visit [www.milo.com.ph](http://www.milo.com.ph) for more details.

## SIDE EVENTS

- 1. Biggest Club / Company Delegation
  - 2. Inter-club / Company Running Competition
  - 3. Biggest School Delegation Competition
  - 4. Inter-school Running Competition
  - 5. Cheerleading Competition
- Note: For side events mechanics, visit [www.milo.com.ph](http://www.milo.com.ph)

EVENT TAKES PLACE RAIN OR SHINE START OF RACES	
42-K (Manila)	3:00 AM
21-K	4:30 AM
10-K	5:00 AM
3-K	5:30 AM
5-K	5:35 AM

Endorsed by:



DECLARATION OF FITNESS AND WAIVER

1. I, \_\_\_\_\_, with postal and residence address at \_\_\_\_\_, hereby confirm and declare that:

1. I am participating in the 39th NATIONAL MILO MARATHON to be held on \_\_\_\_\_ of my own free will, desire and volition.

2. I hereby represent and warrant that I am physically fit to participate and take part in the Marathon and have no known illnesses, physical defect, or adverse medical condition that would render me unfit to participate in the Marathon. Should I subsequently discover any illness, physical defect, or adverse medical condition that would render me unfit to participate in the Marathon, I shall advise the race organizers in writing and I shall accordingly refrain from participating in the Marathon.

3. I hereby authorize the Organizer and/or the activity sponsor to use my child's/ward's personal information, photographs, videos, and interviews in connection with the activity, in broadcast and print media, videotapes, email newsletters, digital advertisements etc. for marketing purposes, without any consideration, monetary or otherwise.

4. I understand that if and when my identity is challenged by the race organizer, it is my responsibility to prove my identity.

5. I agree to abide by the decision of the race organizers on any issue relative to my participation in the Marathon, including but not limited to falls, contact with other participants, declaration of the winner, effects of weather, including heat and humidity, traffic, race conditions, and other factors that are related to the Marathon.

6. I declare that I understand the conditions of the activity I have entered into, will abide by its rules and regulations and that all the above details are true and correct. I am aware and accept that all participants enter at their own risk. Accordingly, on behalf of myself, my heirs, and executors, I hereby waive and release all rights or claims for damages I may have against the organizer, Publicis-Manila, Inc., Nestle Philippines, Inc., their service providers, sponsors and contributors for any illness, injury, death, damage or loss I may sustain during or as a consequence of the activity.

7. If, in my own opinion, the weather, temperature, humidity, race environment or course condition on the day of Marathon is not ideal or will pose a risk to my health and safety, I shall voluntarily withdraw from the Marathon. I acknowledge that I am under no compulsion or pressure to participate in the Marathon.

8. I agree and understand that, if I am no longer able to meet the curfew or time limits set in the race category I am participating in, I will retire/withdraw from the race immediately and agree to board the official vehicle which will bring me to the finish line. If I insist on continuing the race, I hereby acknowledge and agree that I do so of my own volition and risk, and I knowingly and willfully waive and release all rights or claims, if any, that I may have arising from any injury, illness or death that I may suffer, and I hereby hold the Organizer and the sponsor, Nestle Philippines, Inc., free and harmless from any liability arising from my said decision to continue with the race.

I hereby declare that I have read and understood this Declaration of Fitness and Waiver and that I have executed this document willingly and voluntarily.

IN WITNESS WHEREOF, I have hereunto set my hands this \_\_\_\_\_ day of \_\_\_\_\_, 2015 at \_\_\_\_\_.

Signed in the presence of:

(Name and Signature of Race Organizer)

Printed Name and Signature

PARENTAL CONSENT  
(For Minor Participants)

[illegible]